All Together Now – Richmond Selectboard Update

January 2024

Thank you to the Richmond Communities commitment to Wellbeing and support of Project All Together Now.

Project All Together Now VT through sponsorship from Hartsfield Health Systems Consulting requests that the Richmond selectboard approve spending \$3000 from the Community Wellbeing fund to support youth interns, marketing materials and supplies.

All Together Now – Summary and Update

All Together Now is a community-based program that empowers youth to create the change they need for improved equitable mental health and wellbeing opportunities in the Eastern Chittenden County towns.

General Updates:

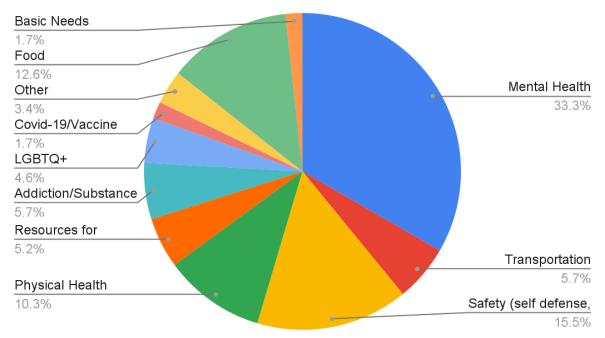
- 1. Awarded \$25,000 grant in Jan. 2024 to hire a Program Manager as a prevention coalition. Funding received from the United Way of Northwest VT, Lead Prevention Organization for the Dept. of Health Division of Substance Use Prevention.
- 2. Project All Together Now VT is a recognized 501c3 by the State of VT and the IRS. It is now the first Prevention Coalition in this 5 town region, filling a needed gap in services.
- 3. Increased the number of youth interns working with the program
 - a. Lead Intern
 - b. Social Media and Marketing Intern
 - c. Event Coordination Intern
 - d. Web and technology Intern
 - e. Communications Intern
 - f. Women's Health Intern
- 4. Signed an MOU for collaboration with the MMUUSD.
- Selectboard requests were made to Bolton, Huntington and Jericho to also set up Community Wellbeing funds. Bolton approved funding for Project All Together Now in FY25. Jericho is considering for next fiscal year. Four towns have the resource directory on their website. There is representation on the selectboard members, library staff and community organizations.
- 6. Fourth of July festivities at the Richmond Volunteers Green (which attracts residents from Bolton, Richmond, Jericho and many other towns). Attendance is estimated at approximately 3,000 people. With support and coaching of the Interim Program Manager. Raised over \$500 for the youth leaders to use for future programming.

7. Participated in successful projects with UVM Nursing Students. Youth interns led the UVM workgroups in project design. Current project underway is design of a Women's Support group, multi-generational on health topics.

<u>Project All Together Now</u> uses of Community Wellbeing funds to support town plan goals to:

- Strengthen resilience in Richmond youth through stipended internships to prevent mental health and substance use issues through data collection, engagement opportunities and working with community partners such as the Jericho recreation dept.
- Host wellbeing events in Richmond aimed at mental health and wellbeing and identified through youth survey data. Events may be held in collaboration with local organizations such as the Richmond Library, town committees, schools, recreation, churches and more.
- Build awareness and connection to the <u>All Together Now resource directory</u> with local resources and businesses for local residents.

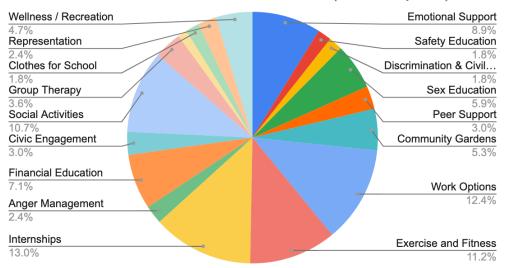
Survey Data from Youth Responses



Top CHALLENGES identified by the survey

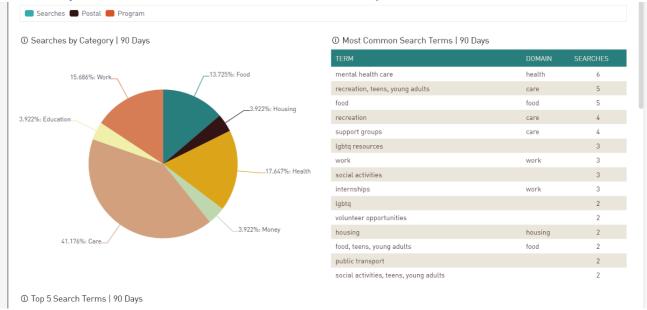
Count of What types of challenges do you wish you had more information or connections about?

Top OPPORTUNITIES identified by the survey



Count of What types of opportunities do you wish you had more information or connections about? (Pick 1 Option)

Sample Data from Resource Directory:



All Together Now| Equitable Mental Health & Wellbeing for Youth | <u>https://alltogethernow.findhelp.com/</u> A new youth and community designed fellowship building awareness, compassion and opportunity. Serving Bolton, Jericho, Jericho, Richmond, and Underhill